

Form Name:	IA-BOS CoC New Project & DV Bonus Application
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2019 Iowa Balance of State (IA-501) Continuum of Care (CoC) New & DV Bonus Project Application

APPLICANT NAME AND INFORMATION

Application Type:	DV Bonus: Rapid Rehousing (DV RRH)
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Organization Name:	Catholic Charities
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Project Name	Domestic Violence and Sexual Assault Program
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Projected number of clients to be served by new project:	225
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Requested Funding Amount:	30000
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Currently registered in federal System for Award Management (SAM):	Yes
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DUNS #:	78087988
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Address of Administrative Office:	601 Grand Ave Des Moines, IA 50309
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Primary Contact Name:	Diane McKee
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Primary Contact Phone:	(712) 256-2059
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Secondary Contact Name:	Sapana Sharma
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THRESHOLD ASSURANCES

Having too little or no income:	NOT a Barrier
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Having a criminal record with exceptions for state, and/or federal restrictions:	NOT a Barrier
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Fleeing domestic violence (e.g., lack of a protective order, period of separation from abuser, or law enforcement involvement): NOT a Barrier

Having (or not having) a previous address within Iowa: NOT a Barrier

Failure to comply with HUD's 2016 Gender Identity Rule: NOT a Barrier
(<https://www.hudexchange.info/resource/1991/equal-access-to-housing-final-rule/>)

Failure to comply with Non-Discrimination and Equal Opportunity Requirements including assuring non-discrimination on the basis of age, race, creed, color, national origin, religion, sex/gender, sexual orientation, gender identity, and familial status and disability. NOT a Barrier

CONTINUUM OF CARE PARTICIPATION

1. Describe timeline/progress of Coordinated Entry in your region. Explain your organization's participation in Coordinated Entry and the steps taken to support the Coordinated Entry process in the region. We provide domestic violence and sexual assault services in 9 counties in SW Iowa, Audubon, Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie and Shelby. Our services include a 24/7 hotline and shelter services. We are members of the MACCH- Metro Area Continuum of Care for the Homeless which is the continuum for the Omaha metro area. Our staff regularly attend their monthly meetings. MAACH has established coordinated entry for our metro area and we participate in the this process.

2. Since January 2018, have representatives of your organization attended at least three bimonthly meetings of the Iowa Council on Homelessness? Note that anyone can participate in Council meetings even if not a voting member. Posted meeting minutes must be available to verify attendance. We have not had participation in the bimonthly meetings of the Iowa Council on Homelessness but now have hired a Housing and Economic Coordinator and will be her task to attend the meetings.

3. a. Describe professional development opportunities (conferences, meeting, trainings, webinars, etc.) related to Homelessness in which representatives of your organization have participated within the last 12 months. Because we are part of MAACH we are participating in the Trauma Informed Care project where all homeless providers in the metro area are being trained. As part of the training our agency is also participating in an agency assessment and on going support to determine our level of care and move us towards trauma informed care in all of our work with clients.

3. b. From the activities mentioned above, list the top three (3) most useful experiences and describe how your organization implemented information gained from them?

1. The assessment of our agency regarding our policies/procedures and how trauma informed they are. We are currently working with the TIC team contracted by the MACCH to refine our procedures, particularly looking at the language we use in our forms and how we ask for information.
2. Looking at how we can get our PT Shelter Advocates trained as they often do not get to participate in training because they only work part time but often times have the most contact with clients.
3. Having all staff trained in trauma informed care practices. While our agency does a very good job training staff on how to work with clients from a trauma informed practice it has been helpful to have the training in a more formalized manner.

PROJECT MANAGEMENT/DESIGN

4. Describe the agency's experience in effectively addressing homelessness, including permanent supportive housing and/or supportive services or prevention services for those experiencing or at risk of homelessness.

Catholic Charities Domestic Violence and Sexual Assault Program has been providing services to domestic violence and sexual assault survivors since 1980. We have served human trafficking survivors since 1980 but began a targeted outreach to human trafficking survivors in 2016. We provide services to anyone that reaches out to us for services but specifically provide services to the following counties in Southwest Iowa; Audubon, Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie and Shelby. We receive contracts from the Crime Victim Assistance Division to provide domestic violence services, sexual assault services, shelter and housing services. The DAC team is comprised of 4 Advocates and 1 Coordinator, this team provides all the services outlined in the Domestic Violence Service Standards plus targeted work with DHS to provide the Safe and Together model. The SAC team is comprised of 3 Advocates, 1 Prevention Specialist and 1 Coordinator, this team provides all the service

5. To what extent has your agency taken steps locally to educate communities on the issues of homelessness: (e.g. decriminalization of homelessness engaging local policymakers, law enforcement, or business leaders; implementing community plan)?

a. Tear off posters, brochures, shoe cards, flyers, and Vinyl clings for special events:

The posters and brochures are placed in high trafficked areas in bulletin boards and bathrooms in 9 county service areas. This includes but not limited to; Courts, hospitals, Police stations, agencies in the community, public places, businesses, medical and mental health facilities, jails and prison, etc.

The target outreach to specific cities/counties or establishment such as medical/mental/dental facilities, churches, local businesses (bars, private offices, gas stations, churches) done twice a year -spring and fall! Staff continuously monitor or establishments reach out if the tear off needed to be refilled or need more brochures.

Staff also distribute special events flyers such as DVAM, TDVAM, SAAM, and HT on respective awareness months.

B. Informational Packets:

Packets of information is created with specific information relevant to the clientele with agency information such as: Police packe

6. Describe the agency's experience in utilizing non-HUD funds to address homelessness from sources including federal, state, local governments and private funds such as United Way, community foundation and individual donors.

Our program is funded 76% from state/federal funds administered by Iowa Attorney General Office Crime Victim Assistance Division, 6% of our funding is from United Way and remaining funding comes from fundraising and small local grants. The program has been in existence since 1980 and obtains funding yearly to support the programming.

7. Describe your agency's basic organization and management structure as it relates to this proposed project. Include relationship of any sub-contractors:

The Domestic Violence and Sexual Assault program provides crisis intervention services to victims of domestic violence, sexual assault and human trafficking victims through 5 separate yet integrated components with each component being overseen by a Coordinator who guides and develops each program. The Program Manager and Assistant Program Manager provide fiscal oversight and supervision to the Coordinator team. We provide a Shelter, Housing, Domestic Abuse, Sexual Assault and clinical counseling component to the programming. All components include services to the following victim/survivors of domestic violence and sexual assault; females, males, children, teens, LGBTQ, elderly, incarcerated and formerly incarcerated, under-served racial and ethnic victims, special needs (mental health, substance abuse), veterans and/or active military. In addition services include prevention services to the following; young adult sexual assault victims to include campus work, middle and high school su

8. a) Does your agency undergo annual audits by a CPA?

Yes

8. b) Attach letter from your most recent audit. https://s3.amazonaws.com/files.formstack.com/uploads/3508381/79526876/525923820/79526876_2018_financial_statements.pdf

9. Briefly describe your agency's financial staffing and capacity:

We are fortunate to be part of an umbrella organization as we are provided many supports which are not a cost to our program but provide numerous benefits. All of our payroll is handled by the finance department of the Diocese of Des Moines. An online timekeeping system was added in Janaury which has been a time saver for staff and supervisors to be able to get the correct time recorded and also correct vacation and sick time balances whenever needed. The finance department also pays our vendors from the invoices we provide and gives us an income and expense document monthly in order for us to accurately track our income and expenses. The finance department also keeps all of our documentation for our audit. The Development Director and Communications/Event Director work in partnership with our Volunteer Coordinator to plan events, solicit major donors and assist us with our marketing/PR needs.

10. Explain the current homelessness need that this project proposes to address and why and how this particular project is likely to reduce or eliminate this need. Cite available data relevant to the communities to be served and to the identified need. Describe any resources currently addressing this need. How would this project be truly "new" in terms of the services provided and the population to be served?

Since 18.8% of the population in our 9 county service area are 65+, but survivors 60+ represent only 4% of those we serve, older adults appear to not be accessing ESH or HEC services. This lower percentage could be occurring because of many services available to older adults through Area Agency on Aging, Adult protective services, and many home health services.

The percentage of males accessing ESH or HEC services is also very low at 4.2%. Males may under-report victimization due to predominantly held social and cultural beliefs that men cannot suffer sexual or domestic abuse. More likely since abusers are typically men, the percentage of men receiving services is likely to remain low. However, as we have reached out to male survivors we have seen an increase in the number of males who have been sexually assaulted coming to us for services. We will continue to be aware of this need.

While survivors who live above the poverty level may have increased access to financial resources and not need shelter services, they may still require education and skills to increase their financially self-sufficiency, reduce their economic dependence on their abuser, and avoid the risk of impoverishment and homelessness if they do not receive help.

11. Briefly describe how clients will be assisted with obtaining and remaining in permanent housing:	<p>Provide access to a coordinated and fully-integrated system that improves access to emergency shelter, and crisis interventions. We achieve this strategy by providing access to a 24/7 crisis line, assisting clients in completing civil protective orders, assisting clients to connect with law enforcement, assisting clients to file with crime victim compensation, responding to Mercy and Jennie Edmundson Hospitals whenever a patient presents after an assault, assisting clients who are involved in the criminal court system, working with clients who are involved with the Child Protective Services due to domestic violence and offering a Journey Beyond Abuse class and a Seeking Safety class.</p> <p>2. Provide access to immediate safe shelter and support services for individuals and families impacted by violence. This is accomplished by providing a 24/7 crisis line and emergency shelter and supporting services. When clients call our crisis or business line or walk in, staff dialogue with all clients</p>
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12. List the Iowa counties intended to be served thru this project application:	Audubon, Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby
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13. Transportation assistance will be provided to clients to attend mainstream benefit appointments, employment training, or jobs.	True
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14. Project participants will have access to SSI/SSDI technical assistance provided by the applicant, a sub-recipient, or partner agency.	True
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15. At least semi-annual follow-ups will be conducted with participants after project exit to ensure and verify that mainstream benefits are received and renewed (and for RRH projects, to ensure and verify that housing stability is maintained).	True
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HOUSING FIRST

16. a) Failure to participate in supportive services and/or failure to make progress on a service plan:	No
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16. b) Loss of income or failure to improve income:	No
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16. c) Active substance abuse:	No
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16. d) Any other activity not covered in a lease agreement typically found in the project's geographic area: No

16. e) Ensure that every effort is made to help participants transition to other housing options when continuation in this project is jeopardized or about to expire? No

BUDGET

17. Rental Assistance - CoC Request 20000

17. Rental Assistance - Match 5000

17. Rental Assistance - Total 25000

17. Leasing - CoC Request 0

17. Leasing - Total 0

17. Supporting Services - CoC Request 0

17. Supporting Services - Match 0

17. Supportive Services - Total 0

17. Operating Costs - CoC Request 10000

17. Operating Costs - Match 2500

17. Operating Costs - Total 12500

17. HMIS - CoC Request 0

17. HMIS - Match 0

17. HMIS - Total 0

17. Subtotal - CoC Request 30000

17. Subtotal - Match 7500

17. Subtotal - Total 37500

17. Administration - CoC Request 0

17. Administration - Match 0

17. Administration - Total 0

17. Grand Total - CoC Request 30000

17. Grand Total - Match	7500
17. Grand Total - Budget	37500
Match Check (25% or Higher)	25.00
Admin Check (7% or Less)	0.00
Total Request Check (Must =0)	0.00

BONUS: UNDER-SERVED COUNTIES

18. a) Will this project serve any of the under-served counties reported above? Yes

18. b) Which of the under-served counties will be served and how (i.e. on site staff, outreach, etc.)? Audubon, Cass, Fremont, Harrison, Mills, Montgomery, Page, Shelby. Our main office and shelter is located in Council Bluffs, we have outreach offices in Atlantic and Red Oak. Our staff is considered mobile advocates to travel to all the above counties on a daily basis to provide individual and group counseling.

DV BONUS SUPPLEMENTAL

A. i) Describe how many domestic violence survivors the CoC is currently serving in the CoC's geographic area. In FY 19 we served 1325 survivors in the nine counties we serve; Audubon, Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie and Shelby. This number includes all of the services we offer.

A. ii) What was the data source used for the calculations and how was the data was collected? We utilize the EmpowerDB database system that was provided by the Crime Victim Assistance Division. Staff enter information into the system each time they have contact with a client.

<p>B. i) Describe how many domestic violence survivors need housing or services in the CoC's geographic area.</p>	<p>Of the adults accessing shelter and housing/economic services from 2016-2018, 4% were under the age of 18, 64.1% were aged 18-39yrs, 27.9% were aged 40-59yrs, and 4% were 60yrs and older.</p> <p>Sex</p> <p>During this same period 95.8% identified as female and 4.2% as male</p> <p>Ethnicity</p> <p>5.7% identified as Hispanic</p> <p>Race</p> <p>11.7% identified as African American, 0.4% as Asian, 3% Native American, 0.2% as Pacific Islander, 73.2% White, 2.3% Multi Racial</p> <p>Persons with disabilities or Deaf persons</p> <p>0.9% identified as Deaf, or Hard of Hearing, and 18.4% with other disabilities</p>
<p>B. ii) What data source was used for the calculations and how was the data was collected?</p>	<p>We utilize the EmpowerDB database system that was provided by the Crime Victim Assistance Division. Staff enter information into the system each time they have contact with a client.</p>
<p>C. i) (Housing Only) Based on the questions A. and B: Describe the unmet need for housing and services for DV survivors and quantify the unmet need for housing and services for DV survivors.</p>	<p>We are able to provide emergency housing through our shelter services or motel/hotels to all survivors that contact our agency in our 9 county service area.</p>
<p>C. ii) (Housing Only) Describe the data source used to quantify the unmet need for housing and services for DV survivors and how the unmet need was determined.</p>	<p>We utilize the EmpowerDB database system that was provided by the Crime Victim Assistance Division. Staff enter information into the system each time they have contact with a client.</p>
<p>D. Describe how the DV Bonus project being applied for will address the unmet needs of domestic violence survivors.</p>	<p>The DV Bonus will provide funds to be used provide rental assistance to be able to have survivors move from emergency shelter to permanent housing.</p>

E. Address the capacity of your project to overcome the multiple barriers faced by DV survivors.

Each component of our programming works with a variety of agencies in the community to give our clients access to the resources they may need. Staff from all teams regularly work with Iowa Legal Aid. This has proved to be beneficial because they can provide legal assistance to our clients, as well as present materials for Journey Beyond Abuse & Rentwise. Staff regularly works with DHS CPS social workers and supervisions. By doing this, staff is able to assist clients in navigation of the juvenile court system. All staff works with Heartland Family Service to assist clients. A therapist from HFS co-facilitates our Seeking Safety class at our office. Staff often refer to HFS for additional needs clients may have including substance abuse treatment and crime victim services. Central Latino & Justice for Our Neighbors are partners for clients who are Hispanic/Latino. They are often times available to assist with immigration issues which can be a large barrier to victims of domestic violence

F. Address the capacity of your agency applying for DV bonus project by describing the improvements in safety for DV survivors.

Provide access to a coordinated and fully-integrated system that improves access to emergency shelter, and crisis interventions. We achieve this strategy by providing access to a 24/7 crisis line, assisting clients in completing civil protective orders, assisting clients to connect with law enforcement, assisting clients to file with crime victim compensation, responding to Mercy and Jennie Edmundson Hospitals whenever a patient presents after an assault, assisting clients who are involved in the criminal court system, working with clients who are involved with the Child Protective Services due to domestic violence and offering a Journey Beyond Abuse class and a Seeking Safety class.

2. Provide access to immediate safe shelter and support services for individuals and families impacted by violence. This is accomplished by providing a 24/7 crisis line and emergency shelter and supporting services. When clients call our crisis or business line or walk in, staff dialogue with all clients

G. (Housing Only) Address the capacity of your agency applying for DV bonus project by describing the rate of housing placement and rate of housing retention of DV survivors.

This number reflects the count of 73 women, 1 man, and 45 children that entered shelter for the time period January 1, 2019 - June 30, 2019 and a total of 233 for the FY19. An additional, 29 individuals from 18 families (women, men and children) were provided with motel nights, in FY 2019, when unable to provide emergency shelter due to the facility being at capacity. Each client accessing shelter will work with shelter and/or housing advocates to identify their housing goals and determine what options are available to them. Staff will then assist with connecting to resources within the community and completing applications necessary to help meet those goals. Due to the extreme number of individuals and families that are near homeless or living on the streets combined with the severe shortage of safe and affordable housing in our communities, the ability to house clients in a timely manner. This also results in clients accessing our shelter services for longer periods of time and limit
