

## MENTAL HEALTH & FIRST AID TRAINING CONTACT INFORMATION

All on-site property management staff will complete Mental Health First Aid training.

The Certificate of Training shall be current at the time that the IRS Form 8609 Application is submitted.

Mental Health First Aid is offered in the form of an interactive course that presents an overview of mental illness and substance use disorders in the United States and introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments. To learn how you can participate in training, please contact:

## Iowa Department of Human Services – Mental Health and Disability Services Division

DHS Mental Health First Aid Training

Karen Hyatt <u>khyatt@dhs.state.ia.us</u> 515-281-3128

Laura Larkin <u>llarkin@dhs.state.ia.us</u> 515-242-5880

## Mental Health and First Aid USA

Get Trained - Mental Health First Aid

## Iowa State Extension an Outreach

MHFA | ISU Extension and Outreach Human Sciences (iastate.edu)