



Healing Centered Engagement

A photograph of three young men laughing and walking on a city street at night. The image has a warm, orange-red color cast. The man on the left is wearing a dark jacket and a cap. The man in the middle is wearing a blue and white striped jacket and a cap. The man on the right is wearing a light-colored hoodie and a cap. The word "Agenda" is overlaid in large white letters.

Agenda

What To Expect

Today's 'Good To Knows'

- Welcome & Grounding
- Introductions
- HCE Overview
- Marquis Engle's Story Unpacked
- Breakout Groups
- Large Group share/ Debrief
- Closing



Group Mindfulness Invitation

We invite you to:

1. Lean into self-reflection and being a little vulnerable
2. Bring your full humanity not just your roles and titles aside for this meeting
3. Observe your personas (vacationer, professor, superhero, multi-tasker)
4. Be present, on camera and open to new ideas
5. Keep other participants information anonymous
6. Recognize that we all different experiences and perspectives
7. Understand that this work is a journey not a final destination, and takes place over time





Flourish Agenda

We design strategies that unlock the power of healing and engage youth of color and adults in transforming their schools and communities.



Icebreaker

Who Are You?

Instructions: In pairs, take turns asking your partner: Who are you?

Each person will have two minutes to share.

Partners should continue asking the question until the full two minutes are complete.



What is Healing Centered Engagement?

Healing centered engagement is a process that align institutions with a **perspective, approach** and **strategy** that addresses harm and restores well-being. It supports systems with shifting from a culture of harm, discipline, punishment and confinement to restoration, hope, and healing.



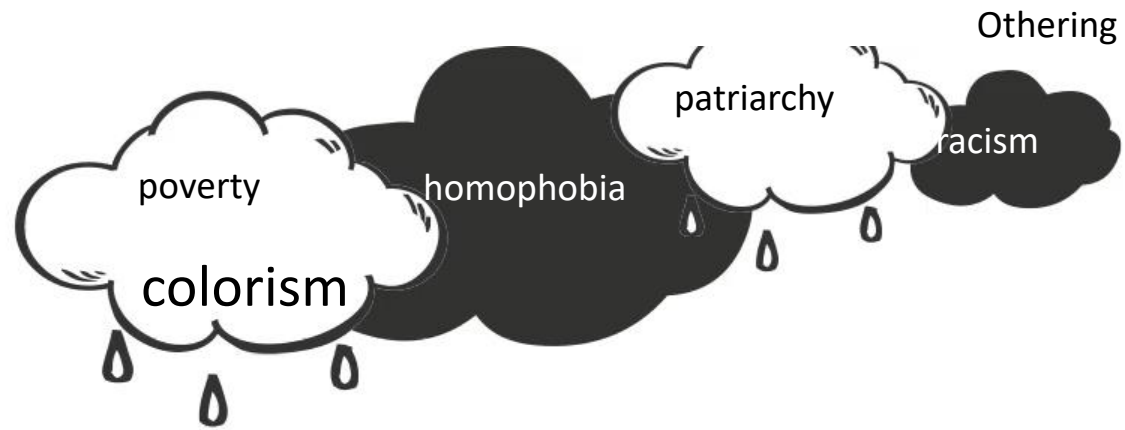
Healing centered
engagement
supports adult
providers with their
own healing.

INDIVIDUAL

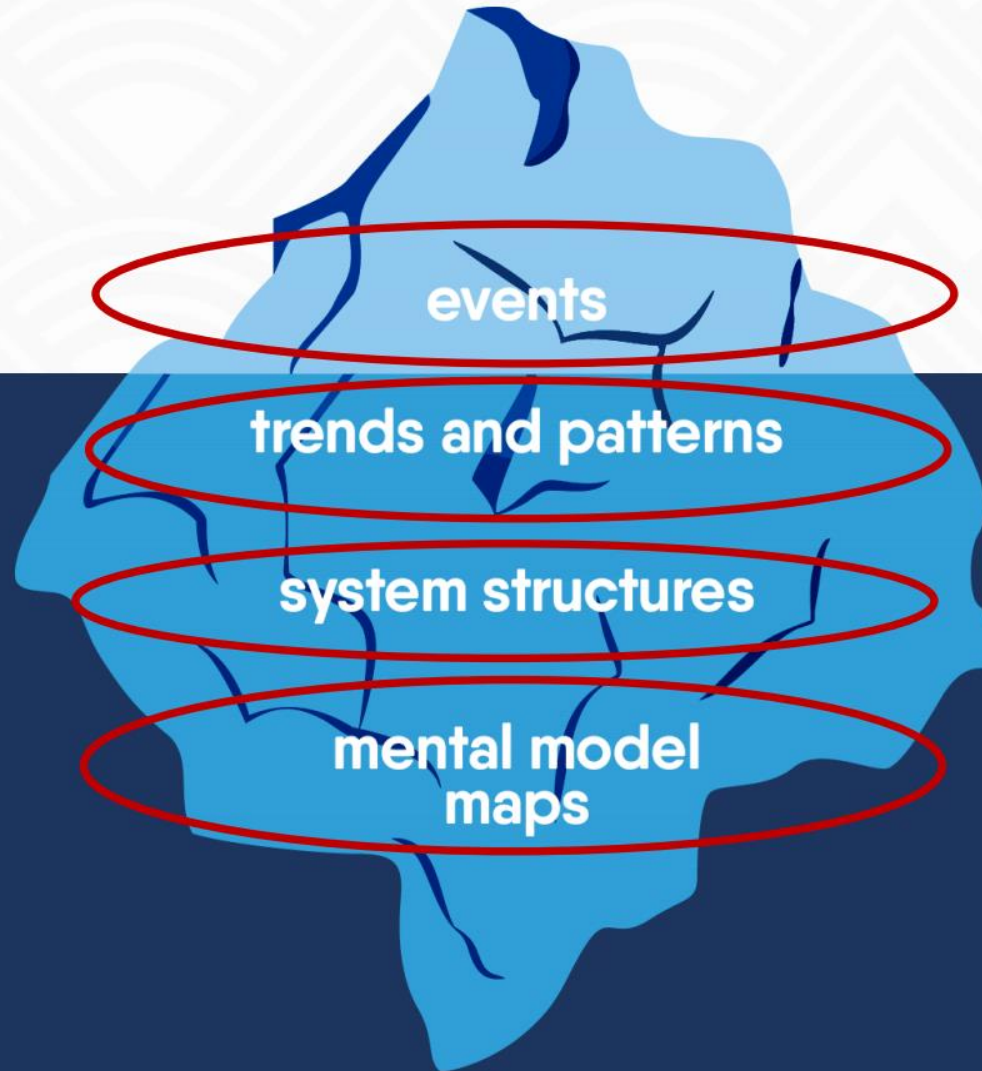
INTERPERSONAL

INSTITUTIONAL

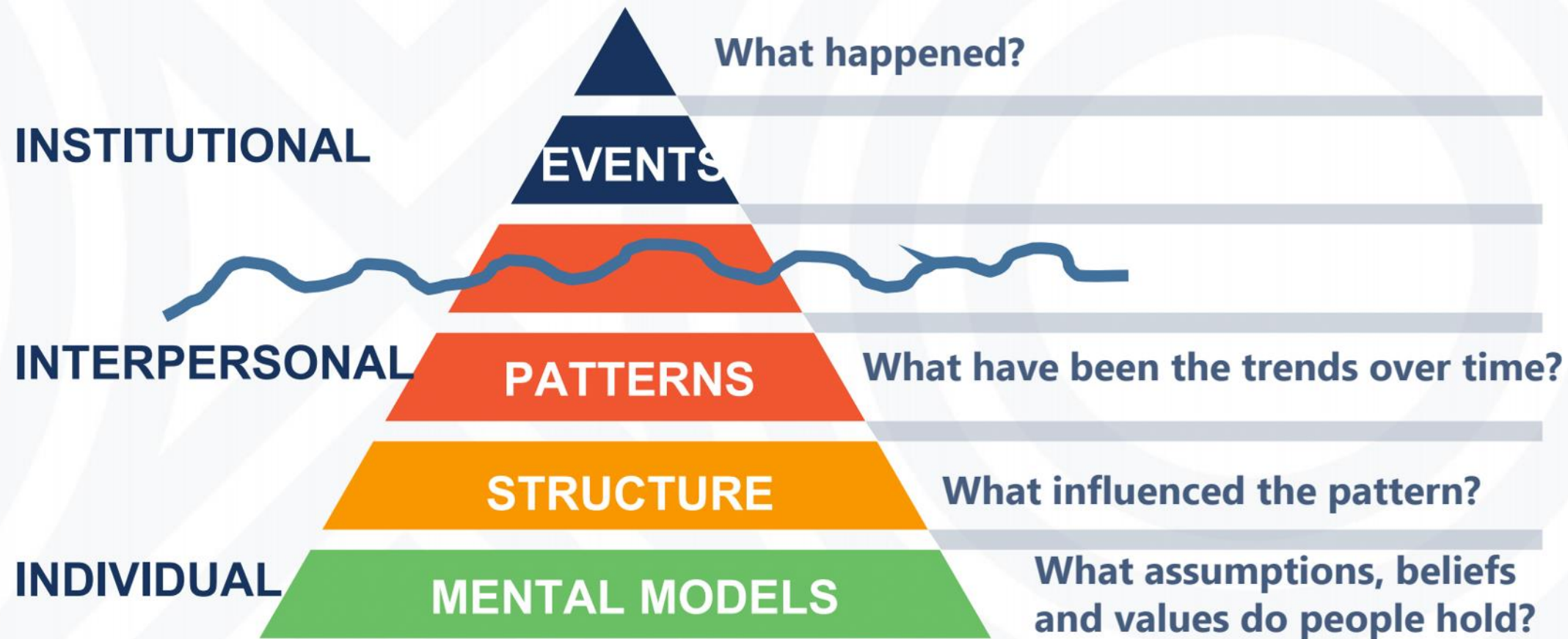




Iceberg



Conditions for Systems Change for Healing Centered Engagement





CARMA

Principles for a Healing Centered Approach

01
Culture

02
Agency

03
Relationships

04
Meaning

05
Aspirations

Marquis's Housing Story

Unpacking the process



Journaling Reflection

Connecting the points

- Identify a moment when you were at your lowest or most unwell.
- Define the behaviors, values and conditions that restored your wellness
- How might you embody these characteristics to best impact the end user?

10 minutes individually

- Share in small groups.

15 minutes collectively





Open Discussion





Together We Flourish



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